



Whonnock News

Fall 2005

President's Note

Welcome back everyone, to school, to work, and to all the other activities that start up again in the fall. Sometimes summer does not seem long enough, although it is nice to have the kids back in school, keeping busy and hopefully stimulating their intellect!! The Community Association also takes the summer off, with no meetings and business usually tabled until September. September we are right back to work though with the annual Whonnock Lake Day scheduled for Sunday, September 25th. Thank you to Brad Jennings, Helmi Braches and Sue Schulze for their hard work. November has two fairs, with our annual craft fair on the 19th, and the Whonnock Weavers show and sale on the 27th. Between the two sales there is something for everyone. New Year's Eve is still available to any group who would like to hold a dance, for information call Jo-Ann at 462-8212.

Other than these events the Community Association is working on "Community Bulletin Boards," looking for solutions to the lake level problems in conjunction with the Ridge Canoe and Kayak Club, and running and maintaining the Whonnock Lake Centre. This is thanks to the combined work by many, but I would like to mention a special thanks to Jo-Ann and Eit Bakker who go far beyond their job description and are worth their weight in gold. A big thank you to our gardener, Maureen Stanfield for keeping the gardens looking great and coming up with bright and creative ideas for the entrance. As well thanks to Phil Johnson and Allan Springman for many years of volunteer work in the operations of the hall and Fred Braches, archivist, newsletter publisher, historian and ardent Whonnockian.

There are many other people who help which I'll leave to the next newsletter, you know who you are, so thank you again.

We welcome all new members, meetings are on the third Thursday of the month at 7:30 P.M. in the Whonnock Lake Centre. For more information or to have an item of interest brought forward on the agenda please call me at 604-462-8557.

Noreen Woods,
President, Whonnock Community Association.

Help Wanted

Part-time evening/night work at the Whonnock Lake Centre. Phone Jo-Ann at 604-462-8212 for details.

Whonnock Lake Centre

Well another summer is already over and only a few months till Christmas. How time flies. The centre has again been busy with weddings drawing many positive comments about the centre, gardens and surrounding community. The renovation done to the washrooms was a huge success to our clients and to me. We now also have an improved outside security system, so keep on smiling. We are all very fortunate to be able to live here. Weather was quite cooperative so far, but as the days get shorter I foresee many weddings pulled in due to our coming West Coast rainy season.

The programs offered by Parks & Leisure Services did very well this summer. A big thank you to the young people who ran the programs. Great times were had by all.

Karate and pilates continued in the hall during the summer and were well attended even during the gorgeous weather. Thank you to the instructors who made this happen. The fall programs are starting to return and the centre will again be a hub activity.

Make sure to check the programs in this newsletter, the Parks & Leisure Services guide, and our Web site to find something you'd be interested in, or drop me a line at whonnock@hotmail.com or give me a call at 604-462-8212.

Jo-Ann,
Whonnock Lake Centre Manager

You are invited to

WHONNOCK LAKE DAY

Sunday 25 September 8:30 A.M. - 4:00 P.M.

Fun for the whole family!

The Whonnock Community Association Bursary

The Whonnock Community Association was very pleased to award our annual bursary to Ms. Solana Pare who would like to pursue a career in law enforcement. We wish her the best of luck in her future studies.

The WCA offers a \$1,000 bursary to grade 12 students going on to post secondary education and who currently reside or have resided in the Whonnock area. One of the requirements looked at before awarding the bursary is a student's commitment to the community, school, or other worthy causes through volunteerism. More information is available through the high school counsellors.

Whonnock Foundation

The Byrnes Bursary for post secondary education is granted by the Whonnock Foundation to honour the late Brian and Isabel Byrnes. Applicants for the bursary are residents of Whonnock and Ruskin.

Michael van Meel is the first recipient of a Byrnes Bursary. Michael worked as a tool and die maker in the field of plastic injection moulding. In 2004, he found himself unemployed due to shortage of work and he decided to move on with his career. He just completed his first year as a student in robotics and automation program at BCIT. Michael and his family live in Whonnock.

His studies will allow Michael to continue in the field of plastic injection moulding or to branch out into more specialized areas, such as remote-control undersea vehicles, hazardous environment monitoring, and other applications where computers and machinery are linked to automate some process. Michael's ultimate goal is to work in research and development of automation.

For more on the Whonnock Foundation and the Bursary log on to www.whonnock.ca, or write to The Whonnock Foundation, PO Box 134, Whonnock, BC. V2W 1V9

Whonnock Archives

On August 2nd, Postmaster Sue Schulze and the community celebrated the post office's 120th anniversary. For the occasion a *Whonnock Notes* appeared, telling about the post office's history, dating back to 1885, and about the postmasters and their helpers. Printed copies are sold by Sue at the post office and copies can be down loaded free from www.whonnock.ca.

The archives received unique photographs of and information about the Whiting, Benson, Ball, and Moss families which will form part of some future writings.

The 2005 "history" calendar was very popular and a similar calendar for 2006 is in the making. This time Ruskin will also be highlighted.

If you have a photo or a document you think worth preserving, please call Fred at 604-462-8942.

Membership

Many small communities throughout BC have community associations but in this day and age with people so busy it is hard to find extra time or the thought of volunteering is intimidating. I would just like to put the idea out there that being a member doesn't have to involve a huge time commitment. Sharing ideas at a meeting now and then or volunteering for one particular job however small makes everyone's load a little lighter. You would be surprised how good it feels to give something back. So think it over, can you spare a few hours a year, a month or whatever. Membership is only a Loonie for the whole year, a Toonie for a family. Call Jean at 604-462-7794, stop in and see Jo-Ann & Eit at the hall, or attend a monthly meeting for more information or to sign up.

Bingo and the Whonnock Community Association

The Whonnock Community association raises funds for our many projects through a once a month Bingo slot at the Haney Bingo Plex. User groups who access Whonnock Lake Centre provide volunteers to attend these Bingo sessions. Currently we are looking for a new Bingo Coordinator. This would involve scheduling the volunteers and attending meetings once a month. If anyone is interested please call Noreen Woods at 604-462-8557.



Community Policing & Speed Watch

For information on Community Policing, Speed Watch, Block Watch or any other programs available through the RCMP Volunteer services, go to the Ridge Meadows RCMP detachment home page and click on the Volunteering icon. Their Web site is www.rcmp.grc.gc.ca/bc/lmd/ridgemeanows/contents.html

Adopt a Block

Thank you to everyone for your continued dedication to keeping our streets free of litter. If you are interested in cleaning up an area, please let us know and we will provide a free "grabber", litter bag and safety vest to assist in your efforts. The task involves cleaning up at your convenience, preferably once a month, and litter can be disposed of at the dumpster beside Maggie's concession at Whonnock Lake. Just let us know so that we can coordinate each area. Call Jean at 604 462 7794.

News from Whonnock Elementary

School is in and it's going to be an exciting year. We are pleased to welcome Ms. Heather McPherson, our new Principal, and Ms. Heidi Piltz, our Computer Prep teacher, as well as 45 new students to the school. There is now 227 students attending Whonnock Elementary.

Dates to remember:

SEPTEMBER 22—The school will be open from 6:30 - 7:30 P.M. for the Annual Open House/Meet the Teacher(s) night, followed by the first Parent Advisory Council meeting and elections. The meeting will start approximately at 7:35 P.M. in the school library. All parents are welcome and encouraged to attend.

OCTOBER 28— Whonnock Elementary Annual Halloween Carnival. This enjoyable fund raiser is fun for both adults and children of all ages. Please join us for all the fun, including games, food, themed basket raffles and much more. The carnival runs from 5:00 -9:00 P.M. and is a great way to support your school and meet fellow parents and families.

Rhonda Knowles, P.A.C. Secretary

Wildwood Fellowship Church

is a family oriented, non-denominational church that believes that all people matter to God. We welcome you to join us for our Sunday Worship services at 10:30 A.M. (Super Church during service for younger children). Our desire is that those who attend leave with practical help from God's Word to meet the challenges we all face in our daily lives, and then be encouraged as you fellowship and get acquainted over a cup of coffee following the service.

Our **AFTER-SCHOOL KIDS CLUB** meets twice a month on Mondays for crafts, games, activities and occasional outings. This is for any children Kindergarten up to Grade 4. The first activity will be held October 3rd at McDougall's Fun Farm for games and a hot dog roast.

Our **COMMUNITY JR. YOUTH GROUP** is open to anyone in Grades 5 - 8. We've been meeting twice a month, usually Sunday evenings 6:30 - 8:00 P.M.. Games and activity are a big part of the fun we've been having together as well as some "God-talk" times to help kids discover some incredibly wonderful things about God and His plan for their lives, etc. Watch the school newsletter for any coming, mostly local events—come when you are able.

Our kick off will be "INVASION IN THE DARK" at planet Dougal (McDougall's Fun Farm) on Sunday, Oct. 2nd where kids will find the captives and decipher the secret codes. But beware of danger lurking in the darkness. Bring a flashlight. The evening will end up with hot chocolate at the church. On Oct. 16th we will be heading to the Chilliwack Corn Maze. Call us to register ahead of time please and to get more specific information.

Please call Pastor Arnold or Eleanor Tracey at 604-462-0610 for more information on the church or any of our programs.

Little Green Apple Legacy Cookbook

Did you ever attend Little Green Apple Preschool? Jean Rutan and Debbie Hurst of the Little Green Apple Preschool are publishing a Legacy Cookbook (1984-2005). If you are, or were, affiliated with the Little Green Apple Preschool and wish to contribute your favourite recipe or a helpful hint, or know someone who would, please call 604-462-7663 or 604-462-7794. The book will be printed by Christmas! Cookbooks are \$10. Business listings on sponsorship page \$10 each. All proceeds go to the preschool. Thursday, 23 September is the official due date for submissions. A reunion is planned for June 2006.



Little Green Apple Preschool

Little Green Apple Preschool is accepting ongoing registrations for morning classes. Our Preschool offers many years teaching experience and a warm and nurturing environment within which we can promote numerous learning experiences for 3 and 4 year olds. Please call Jean or Winnie at 604-462-7663 for more information.

Lakeside Preschool

Located on beautiful Whonnock Lake in the Whonnock Lake Centre, this bright, well equipped pre-school offers a variety of experiences for 3 - 5 year olds. We provide a wide range of opportunities for social interaction, exploration, and problem-solving through unstructured play. Our aim is to provide each child with exciting and stimulating experiences in a warm and relaxed atmosphere. For ongoing registration or September registration phone Mrs. Kilsby to reserve your child's space in one of our programs at 604-462-0026.

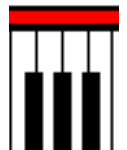


Whonnock Wee One Playgroup

For newborns to preschoolers. Open playtime, crafts, songs, circle time and lots of fun. For more information or to register call Michelle at 604-462-8205. \$2.00 per session.

Piano & keyboard lessons.

- variety of piano and keyboarding programs.
- Creative teaching and motivational techniques.
- Eleanor Tracey 604-462-0610





Register online at www.recreg4u.ca

For more information call 604-467-7322 or 604-465-2452 or visit www.mapleridge.org

Drawing and Sketching

This class teaches various drawing techniques while using kids' most popular subject matter. Art appreciation is developed as we discover artists of the past, explore cultural styles and learn about the cool stuff contemporary artists do now. All in our sketchbooks! Program code # 70530. Instructor: Lisa Goldney, B.F.A.

Age: 8 - 12

8 Sessions: \$58

Location: Whonnock Lake Centre

Tuesday

September 27-November 15 3:30 P.M. - 5:00 P.M.

Wire and Bead Embellished Candles

Using wire with glass and crystal beads you will transform a set of three plain pillar candles into a trio of unique works of art. These would make wonderful Christmas gifts. Please bring a shoe box to carry home your creations. All tools and materials are supplied. Additional tools and materials will be available for purchase. Program code #71129. Instructor: Susan Albert

Age: 16+

1 Session: \$40

Location-Whonnock Lake Centre

Sunday December 4

10:00 A.M. - 1:00 P.M.

Whonnock T.O.P.S. Local # 4522.

Take off Pounds Sensibly welcomes all new members to come and see what we are all about. We are a non-profit weight-loss support group that meets every Tuesday at 6:45-8:00 P.M. at the Wildwood Fellowship Church in Whonnock on 272nd. So be positive and come. We offer guidance, support and plenty of laughs. Call Lori at 604-463-7355 or Jo-Ann at 604-462-1511.

Whonnock Walkers

Join us Monday, Wednesday and Friday mornings at 9:15 for a friendly, one-hour walk. Call Maureen at 604-462-7940 for more information. Location: Whonnock Lake Centre parking lot.



Westcoast Shotokan Karate

Karate for all ages from 4 years to adult. Come out and try a free class. Location: Whonnock Lake Centre. Monday: 5:30-7:00 P.M. Call Bill Railian at 1-888-812-3437 or 604-841-2597 for information

Guys & Gals Volleyball

A social drop-in volleyball evening for adults. Best of all, it's free!! Commencing September 28, 2005. Location: Whonnock Elementary Gym Wednesday, 7:45 - 9:00 P.M. Just drop in!

Yoga at Ruskin Community Hall

There are many types of physical exercise, but the Yogic system of asanas, a Sanskrit word meaning steady pose, is the most complete, benefiting far more than just the physical body. The asanas emphasize deep breathing, relaxed movements and mental concentration.

Morning and evening classes are available. Please call Kim Rondquist for more information at 604-462-4284.

Whonnock Youth Outreach

A component of Youth Outreach Initiative, Whonnock Youth Outreach will host activities with the area residents, volunteers, parents and the Community Association to develop social and recreational opportunities. For more information, contact Brian Patel at 604-467-7354. Mon: 7:00 - 9:00 P.M.

Old Age Pensioners Branch 103 - Whonnock

Meetings are the last Monday of the month at 11:00 A.M. at the Whonnock United Church. Call Margaret Norman, 604-462-7591 for more information.



Ridge Canoe & Kayak Club

"RCKC" is an nationally ranked club with many exciting programs both competitive and for fun. For more information on Ridge Canoe & Kayak Club please visit their Web site at www.rckc.ca.



Ruskin Community Hall Information

The Ruskin hall is available for rental, for anniversaries, family reunions, weddings, etc., for a basic weekend rate of \$290.00. Call our booking agent, Shannon at 604-462-9739 and leave a message.

— YOGA WITH KIM will begin Wednesday, September 21st at 7:30 P.M.

— A BREAKFAST WITH SANTA will happen sometime in December on a date not yet decided.

For information on any of these programs or events please call Louise at 604-462-9091.

Whonnock Weavers & Spinners



The Whonnock Weavers & Spinners continue to meet in the pre-school room of the Whonnock Lake Centre on the 2nd and 4th Tuesday of each month at 7:30 P.M. This fall we will be busy getting ready for our annual Open House Show and Sale at the Whonnock Lake

Centre on Sunday, November 27th from 11 A.M. to 4:30 P.M. We hope you all will join us there to do some of your Christmas shopping - as well as our usual high quality hand woven, knitted and felted articles we will have several guest artists with pottery, jewelry, glass and woodworking.

This summer several of our members attended the Northwest Weavers Conference in Tacoma, and came home with lots of new ideas and inspiration. We also had a "Dye Day" at a member's home, where we dyed pounds of wool and silk, creating a rainbow of beautiful colours.

We always welcome new members. As well as weaving, our members spin, knit, felt, needle felt and make baskets, so we are really a varied group. If you are interested in the fibre arts and wish to join us, simply come to a meeting, or phone Marie at 604-462-9059.

Rhododendron Garden Notes - F.V.R.S.

At this time of year we don't have rhododendron flowers any more, but lately we have had good shows of underplantings of hostas and astilbes. Now is a good time to visit to appreciate the wide variety and often special beauty of the leaf forms of our rhododendrons.

Since the fall of 2004 we have planted about 200 rhododendrons, 150 in the new garden and the remainder infilling in the old garden. About 150 plants were brought in from specialist nurseries and we were fortunate to obtain many of the rarer kinds which are not offered in the average garden centre. Several members of the Fraser Valley Rhododendron Society (FVRS) have donated plants which in general have been of mature age and of outstanding quality.

Since May 1st, volunteers in the garden have installed an irrigation system which now supplies almost all of the garden with water. The system is automated and provides a regulated amount of water to each plant on alternate days. During the recent hot weather, the new garden was being supplied with water, and the old garden came on-stream by increments during August.



Visitors to the Centre and the Lake, are often unaware that the Rhododendron Garden exists. A group of cyclists on the point of leaving the area recently were asked if they knew of the garden. They didn't, but were keen to know when they might return to see the flowers. We are planning to have a prominent sign near the entrance to the garden and so attract more visitors.

Would you like to try propagating rhododendrons? At the next meeting of the FVRS, September 26th, a workshop on grafting rhododendrons will be presented by Rosemary Pruffer. Bring cuttings of your favourite plants and "marry" them to the rootstocks which will be supplied by the Club. If there is a particular mature plant in the Whonnock garden you admire, then we might be able to take cuttings for you. In any case there will be some cuttings for those who would like to get started in rhodos.

Visitors are always welcome at the monthly meetings of the FVRS. They are held at 7:30 on the fourth Monday at St. Andrews Heritage Church, 22279 - 116th Avenue, Maple Ridge (off Haney bypass). For more information please call Scott Henney at 604-464-7979.

1st Terrascholar Scouts



We meet at Whonnock Lake Centre on Thursdays at 1:30 P.M. We run a unique program for youth who can scout during the day, such as those involved in Distance Education, Cyber School and Home Learning. Contacts: Maureen Cross 604-466-6092 or Peter Tam 604-467-1888. E-mail: Terrascholar@shaw.ca. Web site <http://www.cariboomoose.com/scout_files/scoutmain.htm>

Pineridge Guides and Pathfinders

Guides and Pathfinders meet at Whonnock Lake Centre on Tuesdays from 6:00 P.M. to 9:00 P.M. Contact Heidi at 604-462-7183 for information.

Days to remember

Sunday, September 25th
— Whonnock Lake Day

Every 3rd Thursday
— WCA meets at 7:30. Everyone welcome!

Friday, October 28th
— Whonnock Elementary Halloween Carnival.

Saturday, November 19th
— Whonnock Craft Fair.

Sunday, November 27th
— Whonnock Weavers Show and Sale.

December 31st, 2005
— New Year's Dance (Organizer needed).



The following programs are offered in partnership with Maple Ridge Parks & Leisure Services. Register on line at www.recreg4u. For more information call 604-467-7322 or 604-465-2452 or visit www.mapleridge.org

Pilates by the Lake - Beginners

Program code: # 70429.

Strengthen, lengthen and tone your way to a stronger core and back, increased balance, flexibility and better posture. Suitable for all fitness goals.

Instructor: Keri Cawthorne.

Age: 16y+ 10 sessions: \$60

Location: Dowco Gymnasium, Whonnock

Monday September 19 – December 5 6:30 P.M. – 7:45 P.M.

Pilates by the Lake - Intermediate

Program code # 70430

This class is for participants who have already completed the beginner level.

Instructor: Keri Cawthorne

Age: 16+ 10 Sessions: \$60

Location: Whonnock Lake Centre

Monday September 19 – December 5 8:00 P.M. – 9:00 P.M.

Pilates & Stretch on the Ball

Program code # 70434

This class incorporates the principles of Pilates on the exercise ball. Focus on building abdominal and back strength as well as flexibility and relaxation. Own ball required.

Instructor: Nadine Sands

Age: 16+ 10 Sessions: \$60

Location: Whonnock Lake Centre

Wednesday September 21 – November 23 9:00 A.M. – 10:00 A.M.

Running – Half Marathon Clinic

Program Code # 70432

Designed for runners comfortable with a long run of 60 minutes, who have been running regularly and injury free for at least six months. Train safely and effectively for Vancouver's very scenic First Half Marathon, Feb. 2006.

Instructor: Keri Cawthorne

Age: 19+ 14 Sessions: \$98

Location: Whonnock Lake Park

Saturday October 15 – February 4 9:15 A.M. – 11:15 A.M.

The WHONNOCK COMMUNITY ASSOCIATION produces this newsletter twice a year around the end of January and in September. Submissions, editing, layout, and production are completely done by volunteers. The cost of printing and mailing is paid by the Whonnock Community Association.

If you would like to see something in the newsletter or want to send in a submission please feel free to contact Noreen Woods at 604-462-8557 or leave a message at Whonnock Lake Centre, 604-462-8212.

We try to be informative, and interesting with a non-biased approach to community events, programs, and groups. We are not a political statement or opinion piece. With that in mind we would like to welcome inquiries and questions about any submissions. Thank you for your support.